

GABY Grants 2010

On the Wild Side - 4-H

Over 100 elementary students, 20 teens, and a team of adults are working together to plan and deliver an overnight camp program for children from Sacramento County. Through camp songs, canoeing, camping, and games, participants will benefit from a hands-on environmental educational experience. The program instills deep appreciation for the earth for those who are experiencing camping for the first time.

Arcade Creek Project - Mira Loma High School

270 junior and senior students are collaborating to achieve a greater goal, the restoration of Arcade Creek. They are promoting environmental awareness by teaching younger students in middle and elementary schools about the creek and various topics concerning the earth.

Bike Project Team - Hiram Johnson High School

A group of high school students want to distribute used bikes collected from the Sacramento Police Department and donated bikes to their peers at Hiram Johnson High School. They will also offer bike repair trainings. They hope to increase student attendance at the school while promoting daily exercise.

DAP - Grant Union High School

Four students are cooperating with Grant High School's environmental design class and environmental horticulture class. By planting trees and native plants and building birdhouses, the students hope to restore the environment and bridge the gap between students and nature.

Dajalooze - Florin High School

Two passionate breakdancers aim to promote a drug-free environment and mobilize youth through the art of dancing. Through "Breaking the Habit" dance competitions, this project's purpose is for youth to live well mentally and physically by diverting stress into creativity and exercising for fun.

A Day in the Park - Krazy Sac La'Dz

The Krazy Sac youth encourages other youth to have a safe and healthy lifestyle. They will provide information on healthy living to their neighborhood during an event, A Day in the Park.

Divas who Inspire Volunteering & Advocacy for Social Change - Asian Resources

Five Hiram Johnson high school girls plan to implement a fun and preventive approach for community members to be emotionally and physically well. They are organizing parent/child 8-week dance sessions, "Dancing with the Divas," that culminate with a final dance competition. Objectives include reducing obesity, increasing physical activity, and improving self-esteem.

Wooden Toy Push Ducks - Elinor Lincoln Hickey Student Leadership Advisory Council,

The student leadership team from Elinor Lincoln Hickey High School is assembling and donating wooden toy push ducks to children at receiving homes. These toys will bolster the creativity and imagination among children who live in simple conditions with meager resources. The project gives students an opportunity to exercise their artistic skills while giving to the community.

Viral Change Elk Grove Youth Commission - City of Elk Grove

The Elk Group Youth Commission adheres to the principle that prevention is the key to substance abuse. This team of 10 is partnering with the City Council and school administrations to create an entertaining, inspirational, and informative video campaign to address substance abuse amongst teens which will be broadcast to local youth.

Zen - Eternal Growth Group, Hmong Women's Heritage Association

The Eternal Growth Group attempts to alleviate stress and promote high-self esteem through spiritual and physical wellness. Twenty members in North Sacramento will learn tai chi, meditation, and yoga skills and transfer these skills to other youth and adults.



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FARMS Dragon A Garden with a Purpose – Center for Land Based Learning

The FARMS Dragons of Sacramento High School is planting a native plants garden with a low-pollution and low-water usage strategy. The project's purpose is to give students a better understanding of native plants and how to cultivate them efficiently.

Florin High School Farms Whuzz Bugg'n??? Ladiezz Bugg'n - Center for Land Based Learning

Florin High School students hope to teach the younger generations about ladybugs and how they can control the pest population without using pesticides. They will visit a local elementary school and utilize technology to teach students the importance of ladybugs in pesticide control. They will also have ladybug themed hands-on projects.

Geo Pacers Students Having a Desirable Environment - Grant Union High School

The Geo Pacers's SHADE who are part of the FARMS leadership program seek to restore and protect the environment. They will plant 26 trees in West Campus to improve air quality, reduce the flooding in the rainy seasons, and provide cool shade for students. They have partnered with the Sacramento Tree Foundation who will be providing the trees. Students will benefit by learning proper planting procedures and build their team.

Green Club Organic Garden Project – Vista del Lago High School

The Green Club of Vista Del Lago High School plans to promote healthy and environmentally beneficial decisions through the cultivation of an organic garden. They will contribute to society by donating fresh vegetables to local foodbanks and community farmers markets.

Green Corps Tournament for Fitness – Soil Born Farms

The Green Corps' Tournament for Fitness will discourage obesity and encourage activity by coordinating a sports and exercise exhibition for middle school students. In place of lectures and traditional informational sessions, the group aims to utilize this fun method to spread their message.

Green Corps Veggie Fest 2010 - Soil Born Farms

Green Corps' mission is to bring eco-friendly and healthy activities to our community. They will hold a "Veggie Fest" for community members by providing cooking demonstrations, healthy food choices exhibitions, and exercise activities.

Health Professionals Latino Club Walk a Buddy - Asian Resources

Health Professional High School's Latino Club is partnering with a neighboring elementary school to execute a project centered around walking. Their Walk a Buddy project promotes the celebration and importance of walking. They will also inspire children to explore careers in the health field.

Kids Inspiring Doing Serving – St. John's Women's and Children's Shelter

Four young people are concerned about the problems associated with homelessness. By distributing "healthy living packages" to 100 graduating clients from the St. John's Women and Children's Shelter, they hope to make a small impact on the lives of others. They are requesting donations from companies and the public.

Phresh-G Healthy Smoothies and More Fruit – Grant Union High School

Inspired by the lack of in-school healthy eating options, the Phresh G team is creating a fruit smoothie booth at school. They will utilize fresh ingredients and disseminate the recipes to promote easy and healthy snack choices. Through this program, students will make good food choices at school and learn how to sustain these practices at home.

Prime Time Planners, Basketball and Dance - American Legion High School

Four American Legion high school students aim to increase school spirit and after-school physical activity for its students by creating the BAD (basketball and dance) program. They will partner with their student government and local community organizations to recruit youth.



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[*RE Green Reduce, Reuse and Recycle - Grant Union High School*](#)

GEO Academy students aim to beautify their environment and "Go Green" through implementation of their "Reduce, Reuse, and Recycle" program. They plan to provide recycling bins to their campus.

[*Rhythm Project - Stages, Northern California Performing Arts*](#)

A high school junior and her tap dance group wants to donate costumes to youth who are enrolled in dance classes and who can not afford to pay for costumes. She believes the costumes will help the youth feel successful about their accomplishments.

[*Shiloh Arms Youth Happy Healthy Heart Club - Asian Pacific Community Counseling*](#)

Shiloh Arms Youth's (SAY) project addresses youth's lack of exercise and poor eating habits at the Shiloh Arms Apartment Complex. They will purchase sports equipment for the apartment complex and introduce "Shiloh's Happy Healthy Heart" program at a local community center to talk about living healthy through exercise and eating habits.

[*SacTown Keystone Club Wall of Poverty - Boys and Girls Club of Greater Sacramento Teichert Branch*](#)

The SacTown Keystone Club is active in community service projects and constantly seeks new platforms for their voices to be heard. They are creating a "Wall of Poverty" to educate the public about poverty in Sacramento with the aim to eliminate the stigma towards homelessness.

[*Mens sana in corpore – Student Council, Language Academy of Sacramento*](#)

The Language Academy of Sacramento is located in a diverse and multicultural neighborhood of Oak Park. Residents may experience health issues such as obesity, high cholesterol, and diabetes. The Student Council is addressing these problems by hosting a health fair for 350 people in the community to promote health awareness and active lifestyles.

[*Puma Pages: Read to Succeed – Student Council, Pacific Elementary School*](#)

The Student Council aims to promote reading and its merits. It plans to work with local schools to organize a book drive and conduct exciting games and activities that emphasize the importance of reading.

[*Team Beautification Project Make it Pretty – Grant Union High School*](#)

This group hopes to beautify the campus by planting trees and grass and building benches. They want to accomplish this because the site is unattractive and empty. The site will also serve as a hangout for students.

[*Vibe 50's Bingo Bop - The Vibe Foundation*](#)

The Vibe Foundation is hosting a 50s Bingo Bop for the senior residents in the building where Vibe hopes to open a student lounge. With this event, they hope to bridge the generation gap and begin to establish connections with the community residents, including the seniors and people with disabilities. The plan is to hold game nights twice a year to create a strong sense of excitement and unity among Vibe youth and residents.

[*Wii Care - UC Davis Children's Hospital Playroom*](#)

A past patient of UC Davis Children's Hospital and Rio Americano High school student experienced firsthand the positive and encouraging environment of its pediatric playroom. He hopes to enhance its welcoming atmosphere for young, afflicted children by purchasing a new game system and a variety of used games.

[*YADA Sex Education and Learning - Asian Pacific Community Counseling*](#)

YADA (Youth Against Drugs) hopes to educate young minds about sexual awareness and the importance of living a healthy lifestyle. After receiving training from a health professional, the YADA team will set up a booth at a festival and pass out informational brochures and conduct sessions on sexual awareness and STDs.

[*YADA Youth in Shape – Asian Pacific Community Counseling*](#)

A group of youth want to educate other young people about healthy eating and exercise by providing weekly workout sessions. Each student will have his or her own goals and keep records after each session to see progress.



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Youth Leadership Council Green Teens - Sacramento Mutual Housing Association

The Green Teens of Sacramento Youth Leadership Council aim to teach teens about creating a green, energy-efficient environment in their community and get involved in upcoming green careers during and after high school. They hope to enlist the help of green agencies and post secondary schools that offer education and training in the green tech careers.

Youth Leadership Council – Sacramento Mutual Housing Association

YLC's project will teach high school youth about abstinence, safe sex options, implications of teen parenting, and adoption agency contacts to ensure students make positive, long-term decisions. It plans to hold an educational one day forum for teens by inviting guest speakers, agencies, and other youth to talk about self-esteem and proper decision making. They will also start an online blog where teens could post questions.

YouthRISE Safety, Athletic, & Fitness Academy - Asian Resources

YouthRISE (Representation through Impact, Solidarity, and Empowerment) is a diverse group of young leaders from Sacramento. South Sacramento neighborhoods have high crime rates especially during after-school hours. This project provides education to reinforce safety, provide alternatives for residents, and build a strong relationship between law enforcement and residents. Their goal is to host a weekly Safety, Athletic & Fitness Academy session for 6 weeks with students from Pacific Elementary to increase safer habits among children and youth and decrease crime and harmful incidents.

