

Galt Area Youth Coalition

A Community Action coalition of Sierra Health Foundation's REACH youth program

Youth Action 2007-2008

By promoting opportunities for youth leadership, providing high-quality service learning experiences for our youth and by strengthening families, we are working to ensure all Galt youth make a healthy transition to adulthood.

Promote Youth Leadership

>> Youth will participate in leadership training, identify community issues, conduct research, facilitate meetings, and work in the community to implement strategies identified in our action plan.

Strengthen Families

>> We will help foster supportive relationships between youth and adults by:

- > training parents in youth development
- > helping family members build support systems
- > engaging the schools' ability to serve youth and families
- > connecting youth and parents to opportunities and community resources

Engage Youth in Service Learning

Service learning is a method of teaching and learning that connects classroom lessons with meaningful service to the community, which:

- > improves academic achievement
- > increases student engagement
- > improves social behavior
- > builds civic skills
- > strengthens community partnerships

» We will create opportunities for meaningful participation, and help youth and adults build positive relationships by identifying community service and service learning opportunities.

» We will provide youth development and service learning training to educators and community organizations to ensure that service learning is integrated into school and afterschool programming.

The Community Action coalitions of El Dorado Hills, Galt, Meadowview, Rancho Cordova, South Sacramento, West Sacramento and Woodland are taking these steps to make long-term changes for youth:

Preparing For Change By

- > building awareness, knowledge, involvement and commitment among all community members

Making Community Change By

- > finding ways to help families, organizations and individuals support youth
- > including youth in planning and decision making
- > increasing the number of opportunities for youth
- > increasing the quality of developmental activities for youth
- > creating policies and realigning resources that support youth

Providing Youth What They Need to Succeed

- > nutrition, health and shelter
- > physical and emotional safety
- > supportive relationships with adults and peers
- > meaningful opportunities for leadership and community involvement
- > challenging and engaging activities to build skills

So That Youth Will

- > learn to be productive
- > learn to connect
- > learn to navigate

So Youth Become Adults Who

- > are economically self-sufficient
- > have healthy family and social relationships
- > are involved in community

Get involved with the
Galt Area Youth Coalition!
Call John Durand at (916) 683-1703
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