

Grizzly Creek Ranch Camper Information

What to Bring:

LABEL EVERYTHING. The number of pants and shirts to send depends on the number of days the camper will be at Grizzly Creek Ranch. It is not necessary to send extra clothing. Laundry facilities are available if necessary.

Sleeping bag or blanket and linens	Laundry bag
Pillow	Toothpaste
T-Shirts	Toothbrush
Jeans	Comb or brush
Shorts	Soap and shampoo
Comfortable, sturdy shoes	Sunscreen/lip balm
Swim suit/clothes	Insect repellent
Sweatshirt	Feminine hygiene products
Warm jacket	Sunglasses
Hat	Towels (swim and shower)
Adaptive equipment as necessary mobility, eating and communication	

Medication: As required by law, all medications must be in the original pharmacy container and the dosage must be typed by the pharmacist with no parental modifications. Medications should be packed in a small bag or container, labeled "Health Supervisor" and the name of the camper.

Optional:

Books for quiet time
Sketchpad
Small backpack
Playing cards

What not to bring and Why:

Knives, guns, drugs, alcohol, tobacco, matches, or lighters. Possession of any of these is grounds for immediate removal from camp.

Food. Meals and snacks will be provided. No food is allowed in the cabins unless approved for medical reasons in advance.

Pagers, cell phones, personal electronics. Unless required for health reasons, campers will be involved with the program and each other.

**PLEASE REMEMBER
SMOKING IS NOT ALLOWED ANYWHERE AT GRIZZLY CREEK RANCH**