



A PROGRAM OF SIERRA HEALTH FOUNDATION

Community Action Framework

Preparing For Change By

- > building awareness, knowledge, involvement and commitment among all community members

Making Community Change By

- > finding ways to help families, organizations and individuals support youth
- > including youth in planning and decision making
- > increasing the number of opportunities for youth
- > increasing the quality of developmental activities for youth
- > creating policies and realigning resources that support youth

Providing Youth What They Need to Succeed

- > nutrition, health and shelter
- > physical and emotional safety
- > supportive relationships with adults and peers
- > meaningful opportunities for leadership and community involvement
- > challenging and engaging activities to build skills

So That Youth Will

- > learn to be productive
- > learn to connect
- > learn to navigate

So Youth Become Adults Who

- > are economically self-sufficient
- > have healthy family and social relationships
- > are involved in community