

# Rancho Cordova Youth a community profile

Researched and written by the  
Cordova Community Collaborative

a Community Action coalition of  
Sierra Health Foundation's REACH youth program



## Introduction

In June 2006, the Cordova Community Collaborative was one of seven community coalitions chosen to receive a REACH Community Action grant from Sierra Health Foundation. The purpose of this grant is to assess the community's strengths, challenges, resources and readiness to improve conditions for local youth, and then develop an action plan to make long-term changes for Rancho Cordova.

In August 2006, we began working with REACH to find out what it's like to be a young person in Rancho Cordova. Coalition members conducted a community assessment, with community meetings, focus groups, surveys and data collection. After looking at all of the information collected, we identified the issues young people face, as well as what youth need to grow and thrive in Rancho Cordova. This community profile is the result of our findings.



Located in eastern Sacramento County, Rancho Cordova is a growing community with a rich diversity of youth and families. A city since 2003, Rancho Cordova is in a reflective mode, exploring emerging needs and opportunities.

## Our vision for youth

As members of the Cordova Community Collaborative, we believe that all children should grow up in a family and community that provide for their health and well-being.

We are committed to strengthening families and linking them to community resources that enhance self-reliance and promote community involvement.

Our collaborative is a program of the Folsom Cordova Community Partnership (FCCP), which has a mission to mobilize and integrate resources that enhance the education, health and well-being of children and families in our communities.



As a coalition, we know we have the support of individuals, associations and organizations to meet the needs of our community. These partnerships and this collaboration have allowed us to be active, interactive and successful in advocating for and being involved in our community.

The Cordova Community Collaborative (CCC) includes partnerships with individuals, associations and organizations within the Rancho Cordova community. Attendance and participation is open to all. See a list of coalition members on page 10.

*Photo: Collaborative members Thea Riley, Trent Harder and Chloe Watkins*

## The collaborative's role in the Rancho Cordova community

Our work in the CCC is important to our community because it provides a safe place for community members to come together to identify our assets and needs. As a community, we look for opportunities that support, enhance and meet the needs and issues of Rancho Cordova.

As a collaborative, we listen to one another as needs are identified, we invest our time and effort in researching what our community has to say, we work together to find and apply for grants and other funding to support these issues, and we partner together to work toward sustainability and support of programs that enhance the lives of children and families.

***As a community, we look for opportunities that support, enhance and meet the needs and issues of Rancho Cordova.***

The greatest asset for the CCC is the strong desire of the city of Rancho Cordova to meet the needs of the community. Because of the efforts of many individuals who have worked to improve the community, Rancho Cordova has a history of collaboration within the community, among schools, service organizations, and city and county agencies. This also is reflected in the support of school district administrators, teachers and staff who foster youth development principles in our community.

## Youth and families in the community

According to the 2004 U.S. Census Bureau, Rancho Cordova's population was 56,508. Almost 21 percent of residents are reportedly foreign born and of this group, about 72 percent are non-citizens. Ethnically diverse, Rancho Cordova residents include:

White	66.7%
Hispanic/Latino	12.9%
Black/African-American	11.3%
Asian	8.2 %

A significant percentage of people classified as "white" are Slavic immigrants from the former Soviet Union.

Of Rancho Cordova's child population 5 years and older, 25.5 percent speak a language other than English at home (28 languages). Out of 20,349 households, 37.5 percent were headed by females with no husband present, making \$19,000 or less annually.

Rancho Cordova, through the Folsom Cordova Unified School District, has one comprehensive high school, one continuation high school, one community day school, an independent-study school, two middle schools and 11 elementary schools.

There are approximately 3,535 youth ages 10 to 15 attending public schools (not including charter schools) in the Rancho Cordova coalition's area. According to the 2000 U.S Census, slightly more than one-third of households were inhabited by families with children under 18.

The racial/ethnic breakdown of students enrolled in the local district's public schools (not including charter schools) is as follows:

	<u>Rancho Cordova</u>	<u>County</u>
African-American	15.6%	15.9%
American Indian/ Native Alaskan	1.2%	1.2%
Asian	5.5%	13.3%
Filipino	2.7%	2.8%
Hispanic/Latino	22.5%	23.6%
Pacific Islander	1.6%	1.4%
White	49.9%	40.4%
Multiple/no response	1.1%	1.4%

*Source: Census 2000 data cited in the Rancho Cordova Coalition Secondary Data Profile, UC Davis School of Education/Center for Community School Partnerships*

For additional demographic information, go to [www.reachyouthprogram.org/?q=node/136](http://www.reachyouthprogram.org/?q=node/136)

## What we've learned about Rancho Cordova youth

Through this assessment process, the Rancho Cordova community identified physical and emotional safety as the most important component of the youth development framework. Therefore, the safety component provides a foundation for the four main focus areas that emerged.

### Community Enrichment

All assessment tools we used generated strong evidence that **young people in Rancho Cordova need fun and enriching things to do during out-of-school time.** Though the types of fun things may vary slightly by grade level, youth generally report that there are few free or affordable options available locally for recreation and enrichment.

In our summary of the facilitated discussions we conducted, as well as in our Healthy Start survey results, teens prioritized "entertainment," "parks," "music/band" and "sports" as examples of enrichment activities that are needed in greater degrees locally.

### Academic Support

**Youth in Rancho Cordova are asking for increased academic support, both inside and outside of the classroom.** In surveys and discussion groups, they repeatedly mentioned challenges with homework, not understanding the lessons taught, wishing they had more instructional time with their teachers, and more access to supports, such as tutors, computers and libraries.

In our Healthy Start surveys, students listed the following as factors that were barriers to their academic success: no computer lab, school library not available after school, insufficient access to tutors and after-school homework help, and limited instructional time with teachers.

### Educational Transitions

As students in Rancho Cordova transition from elementary to middle school, middle school to high school, and from one school campus to another, **they find it difficult to adjust socially and academically.** While each transition presents challenges for students, there are many indicators that 9th-graders are the most at-risk group of youth in our community. It is important to note that students may not use words like

"transitions," but they speak of issues and ideas that would be addressed if transitions were more effectively facilitated within the school district. Evidence gathered through our surveys and facilitated discussions reinforced this need for a concentrated effort to improve transitional supports.

### Positive Relationships with Adults

**Youth in Rancho Cordova desire relationships with caring adults in addition to their parents and family members.** Surveys and discussions consistently generated statements about youth wanting to connect to and talk with adults.

Youth may prefer more informal approaches to these relationships with adults. For example, in our facilitated discussions, when youth who do not self-identify as having a role model were asked if they would like to have one, the majority said "no." However, these same facilitated discussions produced many statements that support the concept of more informal connections between youth and adults.

In the facilitated discussions, 88 percent of students 14 years or younger, and 79 percent of those over 15, indicated they had role models, most frequently described as parents.

In the same discussions, among the 12 percent of youth 14 and younger and the 21 percent of youth 15 and older who reported not having role models, the majority indicated they did not want role models. This finding, however, is contradicted by students reporting they wanted to hear stories about local heroes.

Also, in the facilitated discussion summary, teens identified "the people" as among the top two things that make Rancho Cordova a great place to live for youth.

*Primary data sources include: Facilitated Discussions Survey Results and Healthy Start Survey Results*

**Youth in Rancho Cordova desire relationships with caring adults in addition to their parents and family members**

## Supports and opportunities for Rancho Cordova youth

Youth development experts have identified five core supports and opportunities that youth need to achieve their fullest potential: physical safety and emotional safety, relationship building, community involvement and youth participation. As part of our research, we found that Rancho Cordova provides a range of these supports and opportunities.

What isn't reflected in survey numbers is the strong sense of community spirit that exists in Rancho Cordova. For example, Mills Middle School successfully recruited more than 20 volunteers from local faith-based organizations to keep Mills' students supervised and safe. From this example, it can be seen that Rancho Cordova is committed to helping its youth successfully transition to adulthood.

There are several organizations in Rancho Cordova that exist exclusively to serve youth and to help them transition successfully to adulthood. These range from after-school programs, such as STARS and the Cordova Student Union, to mentoring programs, such as Roots and Horizons and the OK Program, as well as national programs, such as 4-H, Boy Scouts of America, Girl Scouts of the USA and Camp Fire USA. Some other local programs are offered by Cordova Recreation and Park District, Learning Express and Soil Born Farm.

These programs, while assisting in positive development of youth, tend to be specialized and do not serve the majority of youth in Rancho Cordova. Through our REACH assessment process, we have found that our community needs to develop a youth advisory coalition and a mentoring/community enrichment coalition. This will allow for increased collaboration and awareness of what is available in our community and how we can partner to provide better and needed services and not duplicate services.

As a community, we are using the excitement and collaboration of the REACH initiative to expand and build on these local services. Local organizations and community members are partnering to expand activities and services to better meet the needs of the whole family versus one specific age group. Current mentoring programs are beginning the process of linking resources for expanding mentoring services and activities outside of their target areas. After-school programs are being enlarged and/or are being added to several elementary schools and middle schools. Partnering institutions are linking resources to improve coordination of secondary after-school programming. Multiple partners are working on grants that support and bridge current youth development assets in our community.



*Katie Willse, Tootie Green and Brenda Nelson participate at a REACH workshop.*

**Youth development experts have identified five core supports and opportunities that youth need to achieve their fullest potential:**

- › **Adequate nutrition, health and shelter**
- › **Safety**
- › **Multiple supportive relationships with adults and peers**
- › **Meaningful opportunities for involvement and membership**
- › **Challenging and engaging activities and learning experiences**

*From "Finding Out What Matters for Youth: Testing Key Links in a Community Action Framework for Youth Development," by Michelle Alberti Gambone, Ph.D., Adena M. Klem, Ph.D., and James P. Connell, Ph.D., 2002*

**According to the National Mentoring Partnership, mentored teens are:**

- **46% less likely to get into drugs**
- **59% more likely to get better grades**
- **73% more likely to raise their goals**

## Youth involvement in the coalition

Youth engagement has been at the core of our entire assessment and planning process. Diverse youth representing various cultural groups, grade levels and socioeconomic status have been recruited for leadership roles by school principals and other adults directly working with students. A fairly consistent group of youth has taken part in REACH trainings, CCC meetings and the implementation of this REACH research process.

Rancho Cordova youth designed the survey instrument entirely, with only minimal coaching from adults. The CCC coordinator, Thea Riley, worked with the youth to brainstorm topics and questions, which were then tested with students at the Cordova High School Student Union. The feedback from this trial run was then used by the youth and the collaborative to finalize the facilitated discussion instrument.

Following are other specific strategies we used to engage representative youth in this REACH initiative:

- offered participation in Sierra Health Foundation-sponsored trainings
- conducted Team Building Day for youth in the community
- targeted recruitment for age-level specific students, as well as representatives of our community's cultural diversity
- appointed youth for leadership roles in the collaborative and for REACH initiative work

### Youth profile

Daniel Morales is a 5th-grade student from Mather Heights Elementary. He tentatively attended his first REACH training and before he got back into the car to go home, he was asking for a calendar of activities and events.

Daniel participates in every opportunity: coalition meetings, team building activities and REACH workshops. In our coalition meetings, he introduced the five youth development supports and opportunities. He also has recruited two other youth to the coalition — one young man because he can provide an even younger youth perspective, and a peer who is able to represent another cultural perspective.

Daniel's active participation has been a positive reflection on our coalition and in our community. He brings humor and honesty to our discussions, and he actively shares his opinions and thoughts. In a discussion regarding community projects and funding needs, Daniel stated that we need to bring Oprah to Rancho Cordova; that if we could get Oprah to build the community features, then our grant money could easily cover the cost of maintaining these youth-focused programs.

### Team Building Day

On Sept. 21, 2006, we held a REACH Team Building Day, hosted by Cordova Recreation and Park District and facilitated by Byron and Joan Meyer, so that the adults and youth participating in the REACH community assessment process could meet and become acquainted with one another.

Those in attendance included elementary and middle school youth, principals, teachers, program managers and coordinators, VISTAs and community partners.

The team building exercises included tasks that required thought and collaboration among the team members in order for them to be finished. The youth and adults partici-

pated on separate teams, as well as within mixed-aged groups.

Often the youth were the ones who came up with solutions to the tasks that were set before the team members. This was enjoyable for them and gave them a sense of empowerment, as the adults attending often asked them for assistance or watched as the youth accomplished their tasks faster than the adults.

The team building day was a positive experience for the youth as they were able to work together to complete enjoyable activities, as well as for the adults who saw youth development principles at work.

## How we did it

The underlying goal of our assessment process was to gather data on the status of conditions and activities that promote youth development in Rancho Cordova, as well as to identify local gaps or weaknesses and strengths in elements of the youth development framework.

We also were committed to modeling youth engagement and decision making throughout this assessment and planning process. These desired outcomes are compatible with our collaborative's overall mission.

Youth development principles define the quality of life for young people, and we are dedicated to enhancing quality of life. And, by engaging youth in leadership roles throughout this process, we have demonstrated our commitment to giving them voice.

We established a task force of youth and adults to design the assessment process we would use. This core group sought input from other students and community members, and determined that **safety** was the underlying youth development principle that was most important to our community. We reached this conclusion based upon conversations youth held with their peers, the feedback generated through multiple community assessments over the years, and the results of the California Healthy Kids Survey (CHKS) conducted in 2006 by the Folsom Cordova Unified School District.

Because physical and emotional safety factors emerged so regularly in these discussions and assessments, our Task Group designed survey instruments and focus group questions that would lead to identification of strategies to enhance the physical and emotional safety of youth in Rancho Cordova.

The assessment process was facilitated by a task force made up of youth and adults. This group was represented at REACH trainings offered by Sierra Health, in order to better understand the concepts of youth development, as well as the constructs of the REACH initiative and the assessment process itself.

The group met informally over the course of eight months, following an action plan established by CCC staff and task force members. This action plan assigned responsibilities for various components of the planning process to individuals within the task force, and defined timelines for completing these components.

### Thank you, Mr. Alan Withers

Mr. Alan Withers, principal of Mather Heights Elementary School, was very active in the community assessment process. He helped to recruit several students in the 5th-grade at his school, and at our first meeting, he brought five students.

We quickly recognized the benefits the students were receiving through their involvement in REACH. The five original youth went back to school and recruited their peers to be involved.

These students developed the questions for the survey, held facilitated discussions at their school, participated in REACH trainings and workshops, and are regular participants in the Cordova Community Collaborative monthly meetings.

They have learned to introduce themselves, lead discussions, collect input, participate in brainstorming sessions, and provide a voice for youth in their community.

Mr. Alan Withers continues to provide transportation, recruitment, space for meetings and in March 2007, he was instated as the chair for the Cordova Community Collaborative. His energy is surpassed only by his heart for his community. We cannot thank him enough for his involvement and support of youth becoming actively engaged in our community.

We collected primary data through surveys, facilitated discussions and focus groups conducted by youth and other task force members, as well as the school district's Office of Family Support Services.

The collected surveys and focus group/facilitated discussion data was compiled and analyzed for the task force by Sacramento State University Sociology Associate Professor Jackie Carrigan and several graduate research assistants.

## What we learned through the process

The findings of our assessments reinforce the results of previous surveys, focus groups and assessments conducted in Rancho Cordova. For example, in 2000, a comprehensive Healthy Start assessment was conducted for Cordova High School with students, parents, school personnel, community members and partner agencies. The findings at that time reflected the same results generated from our current assessments, with the same four priority areas being identified.

There is strong commitment to provide safe places for teens to be after school, as evidenced by the increasing interest and participation at the Cordova Student Union, as well as in the STARS After School Program at Mitchell and Mills Middle Schools. This focus on after-school programming is directly related to the increasing awareness of what teens and the entire community are looking for in order to enhance the local quality of life for youth. For example, at the Cordova Student Union, enrollment has risen to more than 80 students, with a significant number of those attending on a regular basis being 9th-graders.

Trent Harder, an 8th-grade student, was the lead facilitator for the research project at Mills Middle School. He has had several opportunities open up to him as a result of being a collaborative member. He gave the following speech to the Folsom Cordova School Board regarding youth opportunities.

*My name is Trent Harder and I am an 8th-grader here at Mills Middle School.*

*I've been working with REACH since August and I've had a lot of fun! I've gotten to go to Sierra Health Foundation for lots of trainings, especially on Leadership Skills, Communication and Team Building. I spent a lot of time working with our research project. We created a survey to ask other youth about what they think about Rancho Cordova. It ended up being a lot easier than I thought it would be.*

*It was pretty easy talking to teachers and then talking to their classes. I was comfortable talking in front of them and answering questions. Being involved in REACH has been a good experience. Sometimes I still get nervous when speaking in front of groups of people, but I am getting better and better with each experience.*

*REACH has given me a lot of opportunities for public speaking, like speaking before the School Board. THANK YOU!*

## What's next?

The Cordova Community Collaborative will continue to develop the process of youth development in the Rancho Cordova community. This will take form in several ways.

One of our projects will be to form a Youth Advisory Council, with a goal of giving youth a voice in the decisions that affect their community. This will allow them to develop valuable leadership skills that will assist them further in their life.

We will hire staff whose focus is to enrich the lives of youth within Rancho Cordova. This will include a position that will expand the adult mentor base for Rancho Cordova youth.

In addition, we will allot \$10,000 for action grants. Youth-focused projects may apply for up to \$2,000. We hope this will strengthen grass roots opportunities in our community. The Youth Advisory Council will take charge of the grant-awarding process. Members will create the request for proposals and will be responsible for reviewing the applications and awarding the grant money, set for the 2007-2008 school year.

We look forward to partnering with collaborative members, such as Soil Born Farm Urban Agriculture Project, a nonprofit organization that is designed to increase awareness of food production and distribution in an urban environment. The location of their latest farm is near Haggin Park in Rancho Cordova.

As a REACH coalition, our work emphasizes youth development in the community, and we will assist in creating a common language for youth development within Rancho Cordova.

**Get involved with the  
Cordova Community Collaborative!**

**Call Thea Riley or Nicole Jarred  
at (916) 861-0611**

**E-mail  
thea.riley@gmail.com or  
nicole.jarred@gmail.com**

**Visit our web site at  
www.folsomcordovacp.org**

## Rancho Cordova Youth!



Daniel, Corey, Makio, Trent, Thea, Brandon, Katie, Sam, Chloe, Tootie, Brenda, Maria, Annesha, Colin and Chukwu



Corey, Makio and Trent



Brandon



Chukwu, Chloe, Daniel, Brenda and Katie



Maria, Samantha and Annesha

### Cordova High School students awarded GABY grant

Congratulations to Cordova High students Jennifer Callis, Sarah Edmondson, Charles Binder and Beau Bankson, who successfully wrote and presented a grant proposal to the Sacramento Region Community Foundation's Grants Advisory Board for Youth (GABY). The proposal was to initiate an advertising campaign for the Cordova Student Union, the school's after-school program, by creating T-shirts promoting the Student Union and a mural on the wall of the Student Union building. GABY awarded the Student Union more than \$900 to complete the project by the end of the 2006-07 school year.

Other community sponsors in the Student Union mural project include the Community & Physicians Together (CPT) program, through which two UC Davis pediatric residents, Amy Benson and Tannie Nguyen, have helped students organize the project. Also, the Weed & Seed program has offered the services of two local muralists to assist the students in the design and implementation process.

If you would like more information or would like to volunteer at the Student Union, please contact Brandon Hudson at (916) 362-1104 x263 or [cordovasu@gmail.com](mailto:cordovasu@gmail.com).

## **Thank you!**

*Most importantly, we would like to begin by thanking the youth of Rancho Cordova. You worked individually, in peer groups, and in partnership with adults to discover key elements of our community. Rancho Cordova is very proud of your commitment, engagement, enthusiasm and voice. Thank you for participating, leading and recruiting for this project.*

*We would like to thank Folsom Cordova Community Partnership for leading the REACH initiative in our community, and for providing the Cordova Community Collaborative as a place for the community to discuss youth development. Thank you to Thea Riley, Program Manager for the Cordova Community Collaborative, for synchronizing our REACH initiative. Thank you, also, to our VISTA Youth Development Project members: Colin deLeon-Horton, Brandon Hudson and Jessica Kimmet.*

*We would like to thank Folsom Cordova Unified School District for its full support: administration, principals, counselors, staff, teachers, Health Services, Family Support Services, STARS, Cordova Student Union and, especially, youth — this is an excellent example of the amazing partnerships and collaboration in our community.*

*We would like to thank our research team from the Department of Sociology, Sacramento State University: Jackie Carrigan, Associate Professor, and Alicia Van Hoy, Jessica Hays and Kristie Harris, Graduate Research Assistants.*

*We would like to thank the other REACH coalitions for sharing ideas, processes, challenges and successes: El Dorado Hills, Galt, Meadowview, South Sacramento, West Sacramento and Woodland.*

*We would like to thank Sierra Health Foundation for all of the supports and opportunities they have provided us throughout the process of the REACH initiative. Thank you for your dynamic focus on youth development. We appreciate the training and encouragement we received from Diane Littlefield, consultant for Sierra Health Foundation/REACH; Joanne Bookmyer, Nancy Erbstein and Kindra Montgomery, UC Davis; Jennifer Gong and her staff at Youth in Focus; Connie Chan Robison and her staff at Center for Collaborative Planning; and Bina Lefkowitz and her staff at Youth Services Provider Network. Thank you!*

## Rancho Cordova REACH Coalition

Arianna Allen	Youth	Mather Heights Elementary School
Sherri Allen	Fiscal Agent Representative	Family Support Services
Samantha Andrade	Youth	Mather Heights Elementary
Ward Andrus	Principal	Kinney High School
Andrea Aniceto	Youth	Mather Heights Elementary School
Beau Bankson	Youth	Cordova High School
Nancy Bell	Mentor	Roots and Horizons
Amy Benson	Pediatric Resident	Communities and Physicians Together
Charles Binder	Youth	Cordova High School
Marianne Bird	Director	4 H (YES! Program)
Shelley Blanchard	Editor	Grapevine Independent
Erica Boekestein	Program Coordinator	Roots and Horizons
Alvin Brown	Youth	Albert Einstein School
Linda Burkholder	Director	Family Support Services
Jennifer Callis	Youth	Cordova High School
Jackie Carrigan	Associate Professor	Department of Sociology, Sacramento State University
Ute Clark	Fiscal Agent Representative	Family Support Services, FCCP
Terri Colosimo	Community Member	Rancho Cordova
Colin deLeon-Horton	VISTA Volunteer Coordinator	Cordova Student Union
Sarah Edmondson	Youth	Cordova High School
Jennifer Ellis	Community Resource Coordinator	AmeriCorps – BNB
Jeff Gifford	Youth	Mather Heights Elementary School
Pat Godwin	Superintendent	Folsom Cordova Unified School District
Makio Green	Youth	Mitchell Middle School
Tootie Green	Youth	Cordova High School
Maria Gulchuk	Youth	Mather Heights Elementary School
Johanna Harder	Teacher/Parent	Mills Middle School
Trent Harder	Youth	Mills Middle School
Kristie Harris	Graduate Research Assistant	Department of Sociology, Sacramento State University
Shawn Harrison	Director	Soil Born Farms
Jessica Hays	Graduate Research Assistant	Department of Sociology, Sacramento State University
Lupe Hernandez	Community Member	Sacramento County DHS
Pedro Hernandez	Community Member	Sacramento County DHS
Hunter Hill	Outreach Coordinator	AmeriCorps – FCCP
Amy Hiramoto	Administrative Assistant II	Family Support Services
Sheila Holcomb	Teacher/Professor	Mather Youth Academy/CSUS
Tannie Huang	Pediatric Resident	Communities and Physicians Together
Brandon Hudson	VISTA Youth Development Coordinator	Cordova Student Union
Charlene Hunt	Teacher	Learning Express
Nicole Jarred	Community Collaborations Manager	Folsom Cordova Community Partnership
Corey Johnson	Youth	Cordova Lane Elementary School
DeAnn Kamilos	Principal	Mitchell Middle School
Fay Kerekas	Principal	White Rock Elementary School
Jessica Kimmel	VISTA School to Work Coordinator	Cordova Student Union
Jennifer Kingsley	Youth	Mather Heights Elementary School
Stacey Kingsley	Parent	Community Member
Ann Knickelbein	Special Projects Program Manager	Health Services
Linda Lee	Community Coordinator	Kaiser Permanente
Jacquelyn Levy	Principal	Cordova High School
Ariana Lewis	Youth	Mather Heights Elementary School
Trish Lindvall	Program Manager	Cordova Recreation & Park District
Harry Lipnosky	Youth	Mather Heights Elementary School
Linda Mack-Beuhl	Adolescent Teen Teacher	Sacramento County DHHS
Conrade Mayer	Director	OK Program
Bob McGarvey	Community Member	City Council
Gemma Miner	Director	Camp Fire USA
Daniel Morales	Youth	Mather Heights Elementary
Brenda Nelson	Youth	Mitchell Middle School
Jasmine Nguyen	Pediatric Resident	Communities and Physicians Together
Victoria Nguyen	Community Resource Coordinator	AmeriCorps – BNB
Chukwu Njoku	Youth	Mather Heights Elementary
Ikenna Njoku	Youth	Mather Heights Elementary School
Nkechi Nzerem	Pediatric Resident	Communities and Physicians Together
Amanda Penny	Pediatric Resident	Communities and Physicians Together
Lea Rathbun	Youth Development Coordinator	Health Services
Thea Riley	Program Manager	Cordova Community Collaborative
Mario Sanchez	Youth	Mather Heights Elementary School
Robert Sanger	Program Manager	Rancho Cordova Birth and Beyond
Ray Savorn	Community Member	Retired
Paul Shane	Executive Director	Folsom Cordova Community Partnership
Holly Shoemaker	Community Member	SETA
Lisa Skaarup	Special Project Coordinator	STARS Afterschool Programs – FCUSD
Hayley Smith	Youth	Mills Middle School
Linda Smith	Director	Weed and Seed
Steven Smith	Pediatric Resident	Communities and Physicians Together
Sara Smith-Rubio	Program Coordinator	Soil Born Farms
Teresa Stanley	School Board	Folsom Cordova Unified School District
Elizabeth Sterba	CPT Liason	UC Davis Medical Center
Denise Thomson	Special Project Coordinator	School Readiness
Amy Treaster	Team Leader	Birth and Beyond
Judi Turteltaub	Director	Jewish Family Services
Alicia VanHoy	Graduate Research Assistant	Department of Sociology, Sacramento State University
Chloe Watkins	Youth	Mills Middle School
Star Wedemeyer	Pediatric Resident	Communities and Physicians Together
Donna Wiese	Community Member	Title One Preschool
Dennis Willeford	Principal, Council Member	Mills Middle School, Cordova Community Council
Annesha Williams	Youth	Mather Heights Elementary School
Katie Willse	Program Manager	Roots and Horizons
Alan Withers	Principal, Chair, Council Member	Mather Heights Elementary, Cordova Community Collaborative, Cordova Community Council