

# South Sacramento Coalition for Future Leaders

*A Community Action coalition of Sierra Health Foundation's REACH youth program*

## **Youth Action 2007-2008**

By increasing the safety of South Sacramento youth and providing them with meaningful opportunities, we are making long-term, positive change for our community.

### **Increase Youth Safety**

>> We will increase the physical and emotional safety of youth in South Sacramento by establishing, enhancing and expanding proven peer mediation programs in area schools. Students will learn problem-solving negotiation and how to mediate schoolmates' conflicts. Through peaceful conflict resolution, we expect to see a reduction in youth-related violence, and an increased sense of safety for youth in the community.

### **Support Youth Opportunities**

>> We will increase the quantity and quality of and access to art, job and mentoring opportunities for our youth, so they will be able to develop and showcase their skills and talents.

### **Increase Youth Decision Making at Area Schools**

>> Through our Youth Leadership Council, we will help young people become active leaders involved in improving their schools and community. Student leadership groups will identify changes they want at their schools, research solutions, work with school administration and develop action plans.

### **Support Policy Change**

>> Through the development of Policy Action Teams, our youth will receive support for building relationships and working on youth policy issues with key community leaders, organizations and decision makers. This will result in more resources for positive youth opportunities.

**The Community Action coalitions of El Dorado Hills, Galt, Meadowview, Rancho Cordova, South Sacramento, West Sacramento and Woodland are taking these steps to make long-term changes for youth:**

### **Preparing For Change By**

- > building awareness, knowledge, involvement and commitment among all community members

### **Making Community Change By**

- > finding ways to help families, organizations and individuals support youth
- > including youth in planning and decision making
- > increasing the number of opportunities for youth
- > increasing the quality of developmental activities for youth
- > creating policies and realigning resources that support youth

### **Providing Youth What They Need to Succeed**

- > nutrition, health and shelter
- > physical and emotional safety
- > supportive relationships with adults and peers
- > meaningful opportunities for leadership and community involvement
- > challenging and engaging activities to build skills

### **So That Youth Will**

- > learn to be productive
- > learn to connect
- > learn to navigate

### **So Youth Become Adults Who**

- > are economically self-sufficient
- > have healthy family and social relationships
- > are involved in community

Get involved with the  
***South Sacramento Coalition for Future Leaders!***

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