

West Sacramento Youth Resource Coalition

A Community Action coalition of Sierra Health Foundation's REACH youth program



Our Vision for Youth

West Sacramento Youth Resource Coalition's vision for our community is to:

- **provide a safe place for youth and families**
- **support healthy development and opportunities**
- **support youth in realizing their potential**

We formed the West Sacramento Youth Resource Coalition (WSYRC) with the common purpose of:

- fostering broad-based and long-lasting community support for all youth in West Sacramento, including promotion and support of a wide range of youth-based services
- increasing opportunities for participation and leadership for all youth in the planning processes that lead to sustainable opportunities for youth development throughout the community
- building capacity to support and sustain increasing collaboration and cooperation between organizations in the coalition and their programs

WSYRC includes representation from the youth of our community. It is they who provide the important and authentic voice for developing and realizing the vision and purpose of the West Sacramento Youth Resource Coalition.

The City of West Sacramento incorporated in 1987, unifying the small neighboring communities of Bryte, Broderick and West Sacramento. The 39,649 population reported in 2005 is projected to double over the next 20 years, with the number of households increasing from 14,374 to 32,300 by 2025.

Youth Action 2007-2008

Following is our first-year Youth Action Plan:

Give Youth a Stronger Voice in the Community

>> We will create a West Sacramento Youth Leadership Academy that will serve as an umbrella for leadership training, technical resources and communications. The YLA also will support and help coordinate adult-to-youth and peer-to-peer mentoring and youth safety programs.

Build Capacity for Youth Leadership and Improve Adult-Youth Relations

>> Young people in the Youth Leadership Academy will plan and coordinate our annual Youth Forum for recruiting youth and discussing youth issues. They also will plan and coordinate a summit with adult community leaders to build capacity for youth leadership and improve adult-youth relations.

Support Youth Leadership

>> We will provide leadership training to coalition youth and the Youth Leadership Academy. We also will promote professional leadership development opportunities for our youth.

Promote Community Support for Youth

>> We will develop communication and outreach marketing tools to recruit youth and community partners, in support of all youth and youth-based services in West Sacramento.

What We've Learned About West Sacramento Youth

In August 2006, coalition members began conducting a community assessment, with community meetings, focus groups, data collection and a youth retreat.

After looking at all of the information collected, we identified these issues young people face, as well as what youth need to grow and thrive in West Sacramento.

» **Youth in West Sacramento contend with a variety of socioeconomic barriers.**

» **Younger youth feel supported and safe at home.**

» **Youth do not feel safe in public spaces.**

» **Older youth do not feel safe in schools.**

» **There is a need for community support for youth activities at every level.**

» **Youth in West Sacramento want more input and connection to the community.**

For details about these findings and more information from our community assessment, see *West Sacramento Youth: a community profile*.

West Sacramento Youth Resource Coalition Member Organizations

Bryte Elementary School
California State University, Sacramento
Campus Life Connection
CASA
City of West Sacramento
City of West Sacramento City Council
City of West Sacramento Parks & Recreation
Collings West Sacramento Teen Center
CommuniCare Health Centers
Families in Self Help (FISH)
15th Street Fitness
Golden State Middle School
Health Education Council
LEED
LULAC
Pandect Consulting
People Reaching Out
River City High School
Sacramento River Cats Baseball Club
Southport Elementary School
Southport Town Center - Wells Fargo Bank
Studio T Dance
UC Davis
Washington Unified School District
Westfield Elementary School
West Sacramento Police Department
Yolo County Children's Alliance
Yolo County Department of Alcohol, Drug and Mental Health Services
Yolo County Friday Night Live
Yolo County Health Department
Yolo County Office of Education
Yolo County Probation
Yolo County Public Health
Yolo Family Service Agency
Youth in Focus
Youth Prevention Programs Tolerance/DARE

The WSYRC is a Community Action coalition of Sierra Health Foundation's REACH youth program.

**Get involved with the
West Sacramento Youth Resource Coalition!
Call Michael Minnick at (916) 403-2970
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