

# West Sacramento Youth Resource Coalition

## *Youth Action 2007-2008*

By supporting youth and providing them with leadership opportunities, we are making long-term, meaningful change for West Sacramento.

### **Give Youth a Stronger Voice in the Community**

>> We will create a West Sacramento Youth Leadership Academy that will serve as an umbrella for leadership training, technical resources and communications. The YLA also will support and help coordinate adult-to-youth and peer-to-peer mentoring and youth safety programs.

### **Build Capacity for Youth Leadership and Improve Adult-Youth Relations**

>> Young people in the Youth Leadership Academy will plan and coordinate our annual Youth Forum for recruiting youth and discussing youth issues. They also will plan and coordinate a summit with adult community leaders to build capacity for youth leadership and improve adult-youth relations.

### **Support Youth Leadership**

>> We will provide leadership training to coalition youth and the Youth Leadership Academy. We also will promote professional leadership development opportunities for our youth.

### **Promote Community Support for Youth**

>> We will develop communication and outreach marketing tools to recruit youth and community partners, in support of all youth and youth-based services in West Sacramento.

***West Sacramento  
Youth Resource Coalition  
is a Community Action coalition  
of Sierra Health Foundation's  
REACH youth program.***

**The Community Action coalitions of El Dorado Hills, Galt, Meadowview, Rancho Cordova, South Sacramento, West Sacramento and Woodland are taking these steps to make long-term changes for youth:**

### **Preparing For Change By**

- > building awareness, knowledge, involvement and commitment among all community members

### **Making Community Change By**

- > finding ways to help families, organizations and individuals support youth
- > including youth in planning and decision making
- > increasing the number of opportunities for youth
- > increasing the quality of developmental activities for youth
- > creating policies and realigning resources that support youth

### **Providing Youth What They Need to Succeed**

- > nutrition, health and shelter
- > physical and emotional safety
- > supportive relationships with adults and peers
- > meaningful opportunities for leadership and community involvement
- > challenging and engaging activities to build skills

### **So That Youth Will**

- > learn to be productive
- > learn to connect
- > learn to navigate

### **So Youth Become Adults Who**

- > are economically self-sufficient
- > have healthy family and social relationships
- > are involved in community

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Get involved with the  
***West Sacramento Youth Resource Coalition!***

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